

Summer Hockey Guidelines/ Rules

Team Numbers:

Open Women : 7 aside; no Goalie. ½ Field.

Open Mixed: 6 aside; no Goalie. 2 Females on the field at all times in mixed.

½ Field.

U/18 and U/13: 7 aside; No Goalie. Even Gender numbers as much as possible.

½ Field.

U/10: 7 aside. No Goalie. Even Gender numbers as much as possible.

¼ Field.

U/7: 5 aside. No Goalie. Even Gender numbers as much as possible.

Game Rules:

In the hope to promote a safe and skilled game we have created the following guidelines. These guidelines were developed through the comments made on surveys and from last year's Summer Competition. If there is no comment related to the standing hockey rules found in the book, 'Rules of Hockey' produced by Hockey AUSTRALIA then the rule in the book applies. During the Summer Season, if there are major issues related to the rules please put them in writing to the Association Executive.

1. Players may only slap/ sweep hit ; push or flick with intention below shin pad height, on the field.

2. Penalty Corners will not be taken but a free hit will be given opposite the infringement 1 metre outside the circle. The ball must travel 3 metres before entering the circle or touch another player.

3. Players do not swing on to balls raised off the ground.

4.All players must be 3 metres from a free hit.

5.The ball must be 18 inches or below for a goal to be scored when it crosses the line. (Height of backboard)

6.Balls can not be hit inside the circle.

7.Players can not stand on the goal line in place of the Goalie.

Umpiring:

Each team will be responsible for umpiring during the competition. 1 Umpire for senior games. Junior Games may have 1 Junior and a support umpire.

No Umpires will be paid. If teams wish to pay an umpire to do their duties it is their responsibility to work out the details.

If teams do not supply and umpire for set down games they will be fined \$10 each game they fail to turn up for.

If there is no umpire, the 2 teams playing need to negotiate the umpiring. Possibly ½ a game each.