

VETS - COFFS HARBOUR

Hi everyone,

Thanks for getting those nominations in to us. Now we are able to do the paper work for NSWH. We will be submitting three teams

- Maitland 1 - 35's Div 6 (let's hope!)
- Maitland 2 - 45's div 2
- Maitland 3 - 55's (only one division)

At this point we have 37 definite players. As you can see that isn't a lot to allow for injury etc. If you know of anyone who has mumbled the word *vet* (especially someone who is 35 or so)- how about seeing, if we can get about 3 more players.

As yet I haven't worked out the structure of the teams.

Carnival dates: Friday 23rd - Sunday July - 25th July

Accommodation: We are booked into the Pacific Towers Apartments. You can have a look at their website - it's pretty impressive. Full kitchen, laundry facilities in each apartment, 20m heated pool, spa pool and sauna. I am working on our room details fitting in with all requests.

Meals - *Friday night* - Everyone to do their own thing. The apartments are great if you want to rustle up a quick meal, there is a Hotel and Bowling Club approx 700m away and a couple of restaurants within walking distance. I'll investigate the bowlo for you to see what they have to offer (unless someone knows Coffs well - let me know).

Saturday: We'll do our BBQ thing at the apartments' BBQ/cabana area. We have had some volunteers to cook (well they have been volunteered) and we'll have some of our usual fun. (I'll do a costing on this later)

Breakfast: Take your own supplies to create a hearty brekky fit for a hockey player.

When numbers are more definite I'll put out the room list so that you can work things out with your roomies.

Tent Table; Don't forget our tradition - everyone brings a container of goodies - slice, biscuits, fruit - for our communal table. This caters for day long grazing. We also need to put coffee, teabags, sugar, milk on the table - the urn comes with the bus. You also need to bring your own travel/coffee mug (with your name in it) and a fold up chair.

Travel: Link Buslines have been booked once again - to leave on Friday morning - (7:45 at Joan's, 8:00 at Maitland Park and 8:30 at Raymond Terrace) and to return after our last game on Sunday.

Cost: \$270 if you are travelling by coach (*meals are NOT included in this costing*)

\$230 if you are travelling by car (*meals are NOT included in this costing*)

These figures are based on the players I have now plus assuming everyone except our usual 5 people will be travelling on the coach. Please bear with me if I have to make a slight adjustment when numbers settle down.

You can pay the full amount or pay it off in instalments – whatever suits. You can also do direct deposits into our account – just email me with details when you do and put your name as the reference eg Mary’s vets payment

Bank details are: BSB: 650-000 Account Number: 959720403

Account Name: Maitland Hockey Association Inc

First Aid and Physio: Max Ostermann is coming with us once again.

Umpires: Ian Easterbrook (from last year) and Kylie Goodwin are two of our umpires with several people volunteering to do any games that our two umpires can’t cover.

Managers and coaches: Still working on.

Uniforms: I’ll organise uniforms to be handed out at training –early July. We supply your skirt and shirt –you need to supply your own *Maitland* socks (we have them for sale – \$8) + you need to take an alternate strip – white shirt and white socks (though we have only used the socks once)

Tracksuits: I will be placing a tracksuit order early next week. Full tracksuits – \$100 (maybe a couple of dollars more), jackets \$70 and pants only \$30. See me for order forms.

Fitness–Every year people say how unfit they are at vets. Can I suggest that we all start to do some daily conditioning so that we can reduce any injuries while we are away?

WHAT IS NEEDED FROM ALL PLAYERS GOING TO VETS

I need to know whether you will be travelling by coach and where you will be getting on (Joan’s place, Maitland Park or Raymond Terrace), or by car, remembering that a coach has been booked for your use and that the costing has been based on this.

I also need to start collecting money so that it is all paid up front before we go.

See me at hockey,

Joan *Vital statistics - ph - 49301561 0419 431248* joan@nobbys.net.au

BY THE WAY – TRAINING STARTS SUNDAY, 6th June AT 10.00AM – on the grass.
Let’s see if we can get more than the usual 8 people there this year.